

# Fall 2025 Newsletter



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## Welcome!

Happy Fall, Vermont CEC Members! As the days get shorter and colder, sending warmth and light to everyone in our special ed community! In this newsletter, you'll find links for upcoming events, a member spotlight, resources, and news! If you'd like to share an event, please email us at ,email us at [heatherhewitt09@gmail.com](mailto:heatherhewitt09@gmail.com)

This year, VT CEC aims to build community through a quarterly newsletter, biannual webinars, and an in-person PD this spring. Vote on the in-person PD topic here: [Link](#)

## VT CEC News

Over the summer, two of our members traveled to the [Special Education Legislative Summit](#) in Washington DC to to represent our community and advocate for students with disabilities in our state. Staff from Senator Sanders, Senator Welch, and Representative Balint were all receptive and eager to support special educators in Vermont. Please reach out if you are interested in joining us next summer or have questions!

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## Upcoming events

As a CEC member, you have access to a variety of fantastic virtual events. Please see this [website](#) for a list of all upcoming webinars available for free to members.

In addition, we are offering a webinar for Vermont CEC members that will be held on December 8th at 4:30 p.m. This webinar, hosted by Dr. Stark ([a special ed professor at UVM](#)), will focus on strategies for navigating all the emotional demands of being a special educator and/or administrator! You'll have an opportunity to learn about current research on teachers' emotional labor and emotional regulation, and think through practical ways to apply it to your own work.

Please sign up here! [Link](#)



# Member Spotlight

Each quarter, we will highlight the work of a VT CEC member. This time, we'd like to introduce you to our President, Heather Grimbol!

*Hello, my name is Heather! I am an elementary special education teacher in Westminster, VT. I received my masters in childhood special education at SUNY Oneonta in New York in 2016 and I have been a special education teacher in Vermont since then. I am currently serving as the President for the Vermont CEC. I had the opportunity to attend the CEC leadership convention in July 2023. Being part of the CEC helps me feel connected with the wider special education community and is a source for new ideas in my classroom. When I'm not at school, I can usually be found outside with my son and my dog.*



## Resource Share

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### CEC Policy Insider

All CEC members have access to the [CEC Policy Insider](#), a weekly update on policies that impact students with disabilities and the special education community.

2

### CEC Take Action Center

We also encourage you to check out the [CEC Take Action Center](#). This page provides easy ways to engage in special education advocacy in Vermont!



Created by Erica Grau  
from Noun Project

## Upcoming Events

[Vermont Family Network](#) is a fantastic resource for special educators in our state! They are hosting a free workshop on changes in the Developmental Disabilities Services Division on November 4th. Register by clicking [here](#).